

Rotary District 9211

The Wave



Volume II, No. 2

Monthly Newsletter

August 2014

DISTRICT OFFICERS 2014-15

DIS	TRI	CT (GΟ\	/ERNOR:	Harish	Bhatt
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DISTRICT GOVERNOR ELECT: Robert Nsibirwa

DISTRICT SECRETARY: Jayesh Asher **DISTRICT TREASURER:** Raju Sheth

DISTRICT NEWSLETTER EDITOR: Young Kimaro

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Attachments (Click on italicized titles to access)

Club reports on DG's visits

RC of Rubaga RC of Kajjansi

RC of Kampala North

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Other Attachments

Service above self award nomination form

Rotary Presidential Citation

Rotary Day

MEMBERSHIP & EXTENSION MONTH

DG Harish Bhatt at the Buganda Kingdom Parliament



The Parliament of the Kingdom of Buganda and DG Harish in the inset

At the invitation of PDG Nelson Kawalya (Speaker of the Parliament - Lukiiko) and DGE Robert Waggwa Nsibirwa (Minister for Investments, Planning & Economic Development), on July 7th DG Harish Bhatt attended a Parliamentary session of the Kingdom of Buganda. There, DG Harish met the Prime Minister (Katikkiro) Charles Peter Mayiga, who thanked Rotary for the community services provided in Uganda. Indeed, Rotary has built itself an outstanding public image in Uganda through its good work. It is worth noting that five Rotarians are members of the Cabinet of Kingdom of Buganda.

"This is good for Rotary's image." RI Trustee Sam F. Owori

"Congratulations
A good PR for the District,
a good way of lighting up Rotary.
Talk about leading by example,
you were indeed spot on.
District PR Chair, Rtn. Mike Sebalu



a technical glitch with

Presidential Message

GARY C.K. HUANG President 2014-15

I find many traditional Chinese values reflected in Rotary: values of service and responsibility, of respect for family and for others. Sometimes I call Confucius the world's first Rotarian, because even though he died 2,500 years before Rotary was founded, his ideas are very much Rotary ideas. And one of the things he said was: 與其抱怨,不如改變.

In English, you say, "It is better to light a single candle than to sit and curse the darkness."

I think that one line sums up the way we in Rotary approach the problems of the world. There is so much difficulty. There are so many people who need help. Many people look at this and say, "There is nothing I can do." So they do nothing — and nothing changes.

But this is not the Rotary way. The Rotary way is to light a candle. I light one candle, you light one candle – and so do 1.2 million other Rotarians. Together, we can do so much more than we could ever do alone. Together, we can light up the world. In

2014-15, I am asking each of you to light your own Rotary candle – and *Light Up Rotary together*.

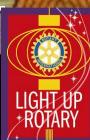
There are so many ways to Light Up Rotary. I hope many of you will choose to host a Rotary Day, to show your community what Rotary is and what we do. I hope you will involve your Rotaract and Interact Clubs in your service, to bring the new generation of the Rotary family closer to Rotary membership. And I hope you will keep Rotary strong by inviting new members into Rotary — including your own spouses and family.

Perhaps the most important thing we can do to *Light Up Rotary together* is to finish the job we've been working on for more than a quarter of a century: the eradication of polio. We are so close to our goal. But we will get there only if we keep up the fight, keep up the momentum, and close the funding gap for the polio endgame plan.

Light Up Rotary together is our theme for this year, but it is more than just a theme. It is how we in Rotary see the world and our role in it. We believe that no one should sit alone in the darkness. Instead, we can come together, all 1.2 million of us, to Light Up Rotary. This is our goal — and my challenge to you.











Service Above

Self

SERVICE ABOVE SELF AWARD MAKE SUGGESTIONS FOR NOMINATION

Service Above Self Award is Rotary's **HIGHEST HONOUR**which recognises up to 150 Rotarians each year who demonstrate
their commitment to helping others by volunteering their time and talents.

The one you suggest should be providing

exemplary humanitarian service in any form, at any level and is actively involved personally in helping others through Rotary on a continuing basis.

Your suggestion deadline 20th August

Send nomination to the DS Jayesh Asher (<u>jasher@rotarytz.org</u>) copy to DSE Rosetti Nabbumba (<u>rnabbumba@gmail.com</u>)

For the nomination form with instructions, click here

Administrative Matters Arising

Dear Club Presidents,

The Rotary Year 2014-15 has commenced and you will be contacted by your AG on some key aspects of Club administration in Q1 (Jul - Sep 2014):

- (a) **Dues 2014-15**: The invoices for dues for 2014-15 will start going out. Please pay your Club's dues at the earliest.
- (b) **Dues 2013-14**: Some Clubs still have outstanding dues for 2013-14 that need to be cleared. We will send out the list to AGs for follow up.
- (c) **Rotary Club Central**: if you have not yet updated your Club's goals on Rotary Club Central, please do so at the earliest and apprise your AG of your Club's status.
- (d) *Club Visits*: Please have your Club's report prepared according to the format provided through your AG.
- (e) *Membership:* Our growth target is 10% for the year and retention rate is to be raised to 80%. Please strive to have your Club attain and exceed these goals.



- (f) *Foundation*: Encourage every member of your Club to contribute at least \$100 a year to the Foundation (Every Rotarian Every Year) and increase the Paul Harris Fellows (PHFs) and Major Donors in your Club.
- (g) **Presidential Citation**: Strive to have your Club meet the requirements for <u>the</u> <u>Presidential Citation</u>.
- (h) **Qualification**: Let's have every Club in the District qualify to benefit from Global Grants.
- (i) *Rotary Day*: Do hold <u>a Rotary Day</u> and have a great day of fellowship and fun while advertising Rotary to all around.

Thank you for accepting to serve as President of your Club. Should you need any clarification or assistance, please do not hesitate to contact your AGs, the Country Chairs, the Secretariat, Committee Chairs or me.

DG Harish Bhatt

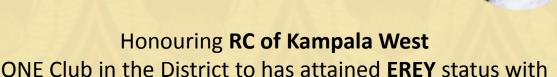
Every Rotarian Every Year (EREY)

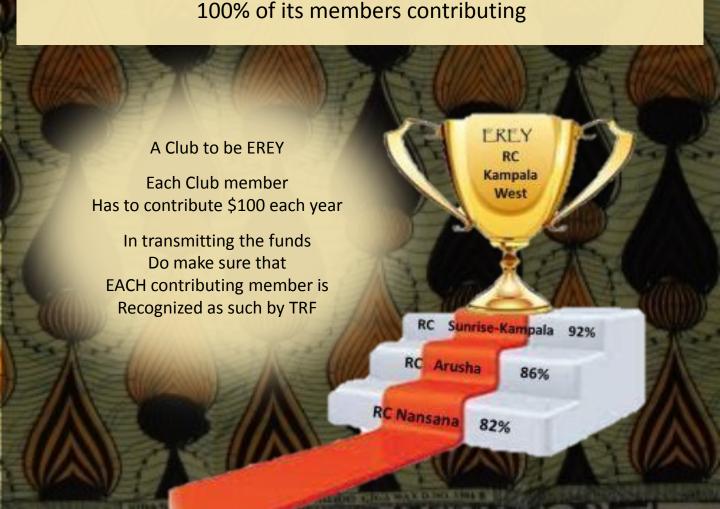
Our ability to carry out most of the community service projects is dependent on availability of funds whether raised locally or through a grant from The Rotary Foundation. TRF is probably the most important aspect of Rotary and its ability to serve. It has made the successful global campaign against polio possible, just as it is making possible the provision of clean water & sanitation, better health for communities around the world. The Rotary

Foundation makes it possible for most of the projects being implemented in our District and it needs our support. Our goal is to ensure every Rotarian donates at least \$100 to the Foundation every year

(EREY). Those who can donate more to this noble institution are encouraged to do so.

DG Harish Bhatt





RI Suggestions for the Membership Month

Cynthia Meehan, Director Membership Development, RI

During Membership Month, we encourage all members to celebrate celebrate with their clubs, their members, and the good work they do in their communities.

Membership Month activities to get members excited, promote club membership in their social networks and with their contacts, and find new prospective members for their clubs. These could include:

- At club meetings, view RI President Gary Huang's Membership Video Message to remind members how important membership is to maintaining a strong and active club.
- Connect with Rotary's Facebook page and change your Facebook and Twitter profile pictures to the I'm a Proud Member graphic to show off your membership to friends, family members, and colleagues in your social networks.
- Post photos of your club doing good in your community to Facebook, Twitter, and Instagram using the hashtag #WeAreRotary.
- Register for a webinar Membership: It's Now or Never on 13 August.





Jesse Allerton, Supervisor Rotary Service Connections, RI

Light Up Rotary in 2014-15 by hosting Rotary Days. The concept of a **Rotary Day** is

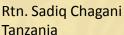
simple: hold a fun, informal event in your community for both Rotarians and the general public and use it as an opportunity to introduce non-Rotarians to Rotary and drive interest in membership and other opportunities for engagement. These events are also a great opportunity to get Rotary Alumni and New Generations program participants more involved in their local club. Rotarians can refer to the Rotary Days brochure for ideas on how to structure and promote their Rotary Day events.

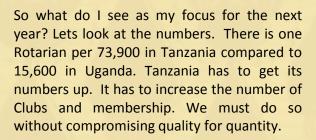
We encourage you all to share your Rotary Day photos, videos, and stories of their events with the Rotary community and beyond. Here are just a few ways you and your clubs can publicize your impact:

- Post photos of your event on <u>Instagram</u> using the hashtag #RotaryDay
- <u>Tweet</u> promotional information and updates, also using #RotaryDay
- Post a video of your Rotary Day on YouTube and email a link and description to rotary.service@rotary.org. Videos may be featured in Rotary media and one outstanding video will receive a special award plaque from RI President Gary Huang.
- Share your story with Rotary staff for possible inclusion in a blog, newsletter, or The Rotarian magazine. Contact us at rotary.service@rotary.org.
- Visit <u>the President's web page</u> to view a calendar of upcoming Rotary Day events or add your event to the calendar.

Greetings from the Country Chairs





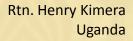


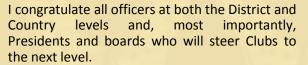
Bring one, keep one. We have to work just as hard to retain those who are already in. I will work with the Clubs to keep their membership engaged in activities and services to keep them energized, enthusiastic and excited. Enthusiastic membership draws people like magnate. Let's turn our Clubs into magnates!

Tap family members. They are excellent sources of membership often overlooked. Some of our most dedicated Rotarians are those whose spouses are also members. Get the whole family engaged and enthused.

This year we will encourage Clubs to invite family members to join in in service activities and hold at least one "family" event — a picnic, a walk through the park, games or sports events. We will actively share best practice examples in Tanzania and Uganda which other Clubs could emulate.

Most important of all, believe that you can change. Think positive and be relentless in pursuing the goal. We can reach the heights together.





As Country Chair of Uganda, my role is to coordinate activities of Rotary in the Country to ensure that Rotary in Uganda is efficiently and effectively run, and to support DG Harish to achieve the District goals for 2014-15. I rely on the cooperation and commitment of Assistant Governors and Presidents, who play a pivotal role, to deliver the plans.

Specifically, the goal of membership improvement, both in numbers and quality, shall be top on my agenda. We shall emphasise the need to recruit people who will, with their commitment, sustainability, stewardship and integrity, write the next agenda for Rotary.

New Generation is increasingly taking the centre stage as they should. After all, they are the future of Rotary. Lets nurture them beyond fun and fellowship to Rotary's commitment to service. That will ease their transition into Rotary. Let every Rotarian reach out to youth and increase the ranks of Interact and Rotaract to nurture them into committed cadres for growing Rotary.

Lastly, Rotary exists to offer service to the less fortunate through projects. Our capacity to write sellable projects that can attract International partners is still wanting. With the DG we shall endeavour to demystify this.

I wish every Rotarian in District 9211, and Uganda in particular, a very successful and eventful year as we Light Up Rotary



On Membership

ROTARY TANZANIA

671 Rotarians in 38 Clubs
Total population 49.6 million
One Rotarian per 73,900
Median Club size, 15-20

ROTARY UGANDA

2,301 Rotarians in 78 Club

Total Population 35.9 million

One Rotarian per 15,600

Median Club size, 25-30



DISTRICT MEMBERSHIP GOALS

Growth 10%
Retention 80%
All District Clubs EREY Clubs

You are the Key to Lighting Up Rotary

I A THERMOOD SALES WAN DEED SHARE

Sam Bwaya

Light Up Rotary, the Theme for the Rotary Year 2014/15 is a call to action. RI President Gary Huang calls upon all the 1.2 million to Light Up Rotary. It is not a call to Clubs or Districts. It is a call to each one of you. But when you light up, it will change your life, your Club and the welfare of your community. There could be no better moment for you to rally to this call than in the Rotary Month of Membership and Extension. Whatever may be going well or badly is all down to membership and if we get this right, we will be well on our way

We recite the object in all our fellowships but for many of us we only pay lip service. Let us look at how meeting your membership obligation changes your Club and even the community around you.

towards achieving the object of Rotary.

Under Club service, you have a dual responsibility: (1) towards ensuring that your Club has inspiring fellowships, and (2) building a vibrant Club.

District Chair, Membership & Extension

Inspiring Fellowships.

What inspires about Club vou vour fellowship? Is there a Club with more inspiring fellowships than your own? Is it guest speakers? Timekeeping? Diversity of membership? Meeting place? Exciting programs? If none of these is happening, as President Gary Huang says, do not sit and curse, light the candle within and all these and more could happen. Is it asking too much? Had it occurred to you that you could make the difference in having inspiring fellowships in your Club? Now is the time.

Vibrant Clubs

What about the vibrancy of your Club? To what extent is it down to you? First, we cannot talk about vibrancy without attendance, about payment of dues and your active participation in all aspects of the Club.

YOU are the starting point. But beyond that, vibrancy is also about growing numbers, having many visitors, an exciting Club bulletin/website.

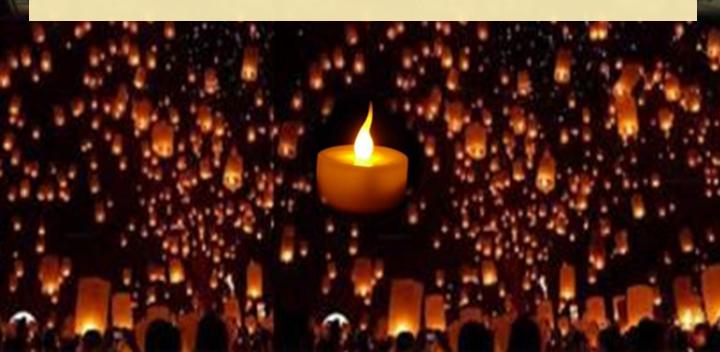
Are Committees working in your Club? What of Buddy groups? Do members involve their family members in Rotary activities? Do you hold regular business meetings and Club assemblies? Do members actively participate in these meetings? Consider this. If you did not attend a fellowship and did not make up, would your Club have 100% attendance? If none of the other members brought a

member but you did, the Club would have a net increase in membership. What YOU do matters a great deal. Yes; it is a matter of choice.

Chain reaction.

Once you have chosen to be active, to be more involved, to bring in more members and to visit more, you will be proud of your rotary membership. You will build great networks. You will inspire your Club members and together you will do many community and international projects that will make such a big difference. Because of that decision to be a better Rotarian, you will impact so much on more people than you ever imagined.

In this Membership and Extension Month, let your Rotary Light shine brilliantly.



Membership Challenge

Membership has been a challenge in many clubs largely because of us, the existing members!! For good reason, recruitment in Rotary is by invitation, because we want to protect our values and be sure that those who join are likely to uphold those same values. Unfortunately, Rotary is a well kept secret, and I always wonder "Why?"

We have an excellent brand and products, and yet even as we go for fellowships every week, we do not invite or tell our friends and associates where we are going, or why we go to these places every week though we seem to be happy about those weekly events.

I do not know of any reasonable person who has not been impressed by the Rotary 4-Way Test or The Object of Rotary. If these principles are so appealing, why should we have difficulties in getting new members?

Remember that a club is supposed to be a microcosm of society, and this is why we are advised to do classification surveys regularly so that we can get as many of the available classifications as possible.

In the past, there was only one representative for each classification. Later on, this was improved by allowing one Additional Active for each classification. A few years ago this was thrown further open to 5 persons per classification. But Rotarians have not taken advantage of this opening, and the numbers have not improved.

In the colonial administrative set up, each District was a replica of the Central

Sam Owori Rotary International Trustee

Government, with all the departments headed by highly qualified professionals. From these professionals alone, it would be easy to raise 40 Rotarians. In addition, each of these District towns had so many private practitioners like doctors of different specialties, engineers, accountants, bankers, book-keepers, planners, contractors, farmers of different types hoteliers, teachers, educationists, events managers, oil dealers, transporters, etc. Again, from these alone, it would be easy to raise 40 or so classifications. The point I am making, if it is not already obvious, is that each of those administrative towns is capable of supporting a strong Rotary Club, and therefore the number of those administrative centres gives us the potential for growth. This is the WHOLESALE method of increasing numbers, and taking Rotary closer to the people and therefore making it visible, relevant and efficient from the point of view of stewardship.

As for the normal or RETAIL method of growth, Rotarians should be reminded that we all have obligation to invite somebody else, just as we were invited. I do not believe that any of us can go though 12 months or 52 weeks without meeting someone who is eligible to be a Rotarian. In other words, each of us can bring in at least one person every year. The problem is that we DO NOT ASK. We talk too much to ourselves, instead of sharing the good news with others who

Membership Challenge

might be interested to join us, if only we told them about what we enjoy and why we have stuck there for so long.

Many of us have overlooked the easy targets, namely, spouses. Rotary is a family organisation and we could double our numbers overnight if we all brought in our spouses and other family members, either in our own clubs or in other clubs that's convenient to them.

The other critical problem is RETENTION. Many times QUALITY has been cited, but I like to suggest that this is a tired excuse for non-action or poor orientation and management. We are asked to invite likeminded people, and I believe that our friends and associates are like-minded. Why do we invite people of poor quality? If they are good quality to begin with and they come and leave, again we should examine ourselves and the way our clubs are managed.

Rotarians are volunteers, and volunteers do not want to be made idle, because they can go and be useful elsewhere. Likewise, Rotarians are professionals who know incompetent club management if they see one and vote with their feet. Research has shown that the majority of people left Rotary because of un-met expectations. It is also important to be mindful of the

cost of Rotary. Many people come to serve rather than to be burdened with the cost of expensive meals.

Orientation is important. The prospective member should be told the pleasures and obligations of membership, instead of springing surprises on them later. Also, every member should be assigned to a committee, and visiting projects should be part of the orientation. Many people do not become Rotarians until they have been to and participated in projects. It is only then that many people appreciate and feel proud of their clubs.

As a long term strategy, what will sustain our membership is today's youths. It is important that every club forms INTERACT clubs in their neighbourhood. There are many high schools in our areas which would be happy to have these clubs for us to propagate our cherished values. As these Interactors leave high schools, they will go out looking for opportunities to join ROTARACT clubs around them, and as they graduate from universities and other tertiary institutions, they may ioin community based Rotaract clubs where in a few years they will mature and join Rotary. If we have enough of these clubs around us, we will have bought ourselves "Life Insurance", and we will see natural progress from Interact to Rotaract and on to Rotary.



SHOUT OUT!

RC of KAMPALA NORTH

(26 years old)

78 members and growing
Nearly 100% retention
Average age 45

RC of KOLOLO (26 years old)

72 members and growing Near 100% retention Average age 53

Sponsored 3 RCs amd is working on its 4th
Sponsored 2 Rotaract and
3 Interact Clubs

RC of DAR OYSTERBAY

(5 years old)

48 members and still growing 40% of whom are women, Sponsored 3 Rotaract and 1 Interact Clubs

Popularly known as "JOYSTERBAY"

RC of KAMPALA IMPALA

(2 years old)

24 members and still growing 70% of the members are women

RC of BWEYOGERERE NAMBOOLE (19 years old)

All the 19 Past Presidents remain active 54 members, high retention rate & growing average age 43



Q&A on Best Practices In Membership

RC of Kampala North



By Jayne Nakato, Club President

You have a large membership of 78, and the number continues to grow. Your retention rate is nearly 100%. What is the secret to your success? What do you do that other Clubs in the District could strive to do to improve their membership?

maintain high We very recruitment standards (for which sometimes we are criticized), but which have proved worthwhile. We have membership recruitment guidelines that we strictly adhere to.

A potential member would be continuously de-briefed about what we do as Rotarians. We involve them in club project activities and even report on them to the Club even before they become our members. We invite them to home hospitalities and committee meetings. We invite them to stay on for after-Club meeting fellowships. That helps us to get to know them and they too, get to know the members. The Fellowship Officer keeps track of their visits and, at the end of their visiting term a certificate is issued to show that they visited regularly for some time (3 to 6 months).

When we feel a potential member is ready to join us, we visit his/her work place and residence to get to know what they do and get acquainted with their family. It's important for the spouses (if any) to also buy into Rotary (not that it affects their joining).

By the time a new member joins, they feel like they are already a part of the family. We then assign mentors on induction.

What accounts for your ability to retain most of your members while on average Clubs lose more than half of those newly recruited within the first two years?

The appointment of a good mentor plays a big role. But most importantly, we immediately assign them responsibilities, which they feel very privileged and honored to take on. "Use them or lose them" is our informal motto. When new members are engaged in club activities, they feel great being part of the big team.

Your membership is young, averaging 45 years in age. How do you attract younger people to your join your Club?

We encourage everyone to bring a new person on board. But we have also deliberately targeted very active Rotaractors from different clubs. Once we have our eyes set on a Rotaractor, we will visit his/her Club, support them, invite them for our committee and project meetings, invite them to assist in our projects and make sure we are working together. They normally don't have any other alternative but join. Once they join, they bring their peers on board.

BULLION CHANGE WAY DOWN THE R

Q&A on Best Practices In MembershipRC of Oyster Bay



By Thomas Scherer Club President

Your Club is only 5 years old, yet you have a healthy membership of 48, and the number continues to grow. What is the secret to your success? What do you do that other Clubs in the District could strive to do to improve their membership?

Identity & perception: We try to be modern and relevant while maintaining Rotary's traditions. We keep the protocol during meetings to a minimum and focus on interaction and inspiration. Examples: we have merged the Loyal Toast and the Grace and replaced them with something inclusive and generally acceptable (see below). We have kept Rotary cornerstones like the 4-way test

Interesting meetings: We have planned every meeting 3-months in advance - every week there is something inspirational and interesting: a speaker, a Rotary quiz, an internal presentation, etc.

Friendship: We make extra efforts to get to know each other: this happens through Q&A during weekly meetings, presentations by members and at least one social event per month (call this Family of Rotary).

Projects: We make effort to design good projects and keep members informed and involved. Make members feel proud to be part of something good and exciting.

Knowledge: We help members to know the maximum about Rotary, its goals and achievements. We have scheduled 6 presentations by board members on various aspects of Rotary.

PR: We have an active website. We use social media. We advertise projects, initiatives, successes. We publish press releases. We aim to create a brand that members feel proud of and that outsiders would want to be part of.

Convenience: Our 1-hour breakfast meeting is convenient and lets members participate with minimal disruption to their daily lives.

Retention starts before induction: We make sure potential new members know what they are getting into by briefing them thoroughly on most critical aspects (finance & attendance) before they join.

Women members comprise 40% of your membership. What accounts for that success?

History: Women have been an important part of our club from day one. This kept the entry barrier later low. Lead by example (our current board is 50% female).

Critical mass: Generally, we try to keep a balanced membership and avoid creating minorities. Nobody should be alone. To make everybody feel comfortable, we also induct people in groups.

Target: We target new members partly on the basis of their gender, ethnicity, age, etc. to stay representative and inclusive.

Best Practices in Membership

RC of Oyster Bay

Despite your Club's young age, it has sponsored already 3 Rotaract Clubs and 1 Interact Club. How does your Club go about sponsoring these Clubs? What lessons can other Clubs learn from you so that they can be more proactive in membership extension?

Ambition: As mentioned by Moh there is no secret that explains this success: it is all down to ambition and hard work by those involved.

Engagement: Once we have started a club we try to include them as much as possible: one project per year with all of them, 2 joint socials, invite Rotaractors to weekly meetings and let them speak.

Retention vs growth: There is one caveat, the risk of over stretching and neglecting what one already has. We plan to start just one more club, then turn our attention to taking good care of what we have.



DG Harish Bhatt on the Road





DG Harish at RC of Kololo Standing beside him is the Club President Ali Munira

Click on the name of the Club (those in blue and underlined) to read the Club's report on

RC of Kampala



DG Harish meets Rtn. Aida May Kwesiga Read her heart warming story of generosity



DG Harish with RC of Kampala To his left, Pres. David Kasingwire



NA WILLIAMS AND WAY DISCUSING STREET

DG with Board members of RC of Kasangati Club Pres. Florence Kanyike to his left AG Salim Makeera to his right

DG listens to Honorary Rtn. Francis Kibirigea

DG Harish Bhatt on the Road



DG Harish, Club Pres. Mary Kusemererwa and VP of Uganda Rtn. Edward Kiwanuka Ssekandi pose together with Club members



DG Harish takes a tour of the Kizito Katwe Bweya Primary School



A special cake is prepared to celebrate DG Harish's visit



Youth receiving soccer balls at the event welcoming DG Harish



PDG Tusu introduces DG Harish to Some 500 villagers of Nkondo



DG Harish commissions a water pump that will serve over 4,000 households in Nkondo village

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A Generous Donation of 50 Acres of Land

The Story of Rtn. Aida May Kwesiga, RC of Kampala



Rtn. James Serugo

One afternoon in 2005/6, after PP Sam Kwesiga introduced a guest speaker at the lunchtime fellowship of RC of Kampala, he did not take lunch as usual at the Grand Imperial hotel because he felt dizzy.

Two hours later, back at his residence in Nakasero, he collapsed and died. Everyone who had shared fellowship with him that day and the entire Rotary fraternity in Kampala rushed to his home to offer their sympathy to the family, to mourn, pay last respects, and help arrange for his burial.

His family was devastated, but was deeply touched by the overwhelming response and support from the

Rotarians.

A year later, PP Kwesiga's widow, Aida May Kwesiga decided to check out the Rotarians who had shown such kindness and sympathy at the time of her loss of a loving husband.



Rtn. Aida May Kwesiga

The Club welcomed her, and now she is a major donor to the Rotary Foundation. Rtn. May also donated to the Club 50 acres of land at Mityomere village in Wakyatosub county, Nakaseke District, provided the Club helps to upgrade the community school that is squatting on that land.

Last Rotary year the Club raised money to survey and partially fence in the land. It has written a grant proposal to upgrade the learning environment for over two hundred pupils at this school.





INCHES CHARLES BEEN SHAPE

Dar Marathon October 14th: Are You Ready?

Rtn. Emma Mbaga RC of Dar es Slaam North



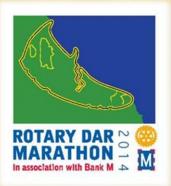
Preparation for the Rotary Dar Marathon (RDM) 2014, which is expected to be "the" sporting event of the year, has just been launched.

Speaking about the event, Chairman Vikash Shah said that RDM 2014 will be the biggest event yet. "This year's event is going to be the best

to date. We have upgraded everything and we are giving opportunity for everyone to participate.

This year, in addition to the 9km walk and 21km run, we have included two new fun activities: the 5km fun walk in which the entire family can participate, and a cycling race." Furthermore this year a cutting edge technology will be used to ensure accurate recording of data for runners. Each runner will have a chip on their shoe which will

automatically record the route, distance, start and finish times, leaving no room for errors.



So far Rotary Dar Marathon has raised over 2.2 billion/= which has gone to support various community projects which include planting of 2,600 trees, provision of clean drinking water to 25 schools, building and equipping a 35 bed pediatric oncology ward at Muhimbili Medical Centre.

Last year, the funds raised at RDM helped refurbish a library at the University of Dar Es Salaam and is building a "Rotary Entrepreneurship and Resource Centre Funds raised this year will help complete the refurbishment of the library, fully furnish the resource centre and equip it with state of the art computers.

Rotary Dar Marathon is organized by six Rotary Clubs of Dar es Salaam –

> of Dar es Salaam, Mikocheni, Oyster Bay, Mzizima, Bahari and Dar North.



Quick Reponse by Rtn. Doctors Saves Lives

RC of Kampala Ssese Islands



By Agnes Biribonwa RC of Kampala Ssese Islands

For Aida and her then unborn baby boy, now eight month old Daniel, it was timely intervention of Ugandan Rotarian doctors who saved them from certain death.

In December 2013, Aida was in labour when it was discovered that her unborn baby's path was obstructed. She needed a caesarian section immediately but the only surgeon at the facility was out of town.

Rotarians happened to be holding their quarterly one-day medical camp in the very same Kalangala on Ssese Islands. They stepped right in and,



Baby Daniel being delivered by Caesarian section

despite the ill equipped theatre, successfully carried out a Caesarian section and delivered to the 21 year old mother her very first baby.

Aida returned to the Rotary Club of Kampala Ssese Islands on July 3 to thank Rotarians and the Immediate Past District Governor Emmanuel Katongole for giving her and her son an opportunity to live. A



Aida and her child Daniel and the three Rotarians doctors who saved their lives. Who's the fourth mask-eteer?

resident of a remote village in Ssese Islands, Aida is full of praises for Rotary.

Rotarians donated to Aida and her son Daniel beddings, clothing and cash. PDG Emmanuel Katongole added a pledge that Rotary will fully sponsor Daniel's education.

He thanked the three doctors, Rtns. Brenda Anena, Julie Mugerwa and Mark Makubuya, for their timely intervention which saved Aida and her baby.



reducing Charles and Discourse

Provisional RC of Lubowa Improves Detention Cells



By Rtn. Joseph Mukiibi RC of Lubowa

The Rotary Club of Lubowa was chartered on June 24, 2014, a few days after it launched its first project.

Started in September 2013, members of the then Provisional Club were eager to engage Rotary and change lives so they looked around the vicinity. Lubowa estates has a population exceeding 200,000 in neighbourhoods that range from slums to high-end homes.

The Problem

The police station in the area had only one, four square metre detention cell that accommodated 5-20 detainees at any given time, both male and female regardless of age.



The one and only detention cell

The cell had no sanitary facilities nor lighting. Its roof leaked, subjecting those who were locked up there to undue stress and trauma, and exposed to respiratory and other communicable diseases.



The then DG Emmanuel Katongole launches construction of the new 6 room building

In addition, such appalling conditions of the facility put pressure on the police to release suspects even before the due process of law had been completed. This encouraged mob justice and fueled additional conflicts within the community.

The Solution

Recognizing that even suspects deserve to live in better environment, members of the then Provisional Rotary Club of Lubowa decided to act. They launched a project to construct a 70 square metre building (about 18 times the size of the present facility) which will provide separate cells for men and women, two flush toilets and showers. It will even have office space for police personnel.

The foundation stone was laid by the then DG Emmanuel Katongole on June 17, 2014. The building is estimated to cost about UgShs20 million (US\$7,500) to complete for which the Club members are busy

Projects Corner



Foundation for the new prison building

fundraising as Rotary International does not finance building projects.

The expected outcomes

The new detention building will greatly reduce congestion, lower trauma for those detained and reduce their risk of diseases while being held. Detainees as well as the police will have space they need. With this, Rotary's image will light up.

Additionally, an improved detention facility will enable the due process of law to be followed, eliminating one of the root causes for mob justice and promote peace. Conflict resolution (prevention) and promoting peace is one of the six areas of focus for Rotary.

The Appeal

The police have joined hands with other professionals and business folks (within and outside Rotary) in this undertaking. We appeal to all those in our community as well as our friends and well-wishers to contribute to this noble cause in peace building and

conflict prevention. Join us so that we can complete this project within the next 2 months.

Lend a Hand for Mankind is Our Business

THE ONES
WHO ARE CRAZY ENOUGH TO
THINK THEY CAN
CHANGE THE WORLD

ARE THE ONES



Dear Readers



Why such imbalance in country representation?

It all depends on submissions received from the Clubs. Since DG's visits trigger Clubs to send in articles and photos, country representation tends to wax and wane depending on the DG's routing. July was the month of his tour of Ugandan Clubs, hence this issue of the Wave is tilted heavily in favour of Uganda. When DG's routing takes him around Tanzania, we would expect similar tilting in Tanzania's favour.

Shout Out Page for the Rotary Month

The page is devoted to those who have strived and achieved much, whom Rotarians of the District can uphold as models to emulate. We invite you to send in your nomination and tell us the reasons why you think that Club deserves to be shouted about.

Nominating your own Club is quite acceptable. We only look at whether the "reasons" given justifies.

Article Submissions

Please help us not to lose your precious submissions. Put photos and your write-up in one and same document (in Word or PowerPoint). Kindly compress your photos down to web page size and caption them so that they can be downloaded and used correctly.

DO SHARE Your Successes in:

- > Rotaract/Interact sponsorship and growth (by Aug. 20)
- > Vocational Services (by Sep. 20)

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The editorial team, however, reserves the right to exercise judgment on which submission should or should not be posted.



Special Attachments at your finger tips

Service above self award nomination form
2014-15 Presidential Citation
2014-15 Rotary Day