

LIFT
THE LID
WALK

FOR MENTAL
HEALTH



LIFT THE LID
on mental illness

Rotary
Brisbane Taylor Bridge
Brisbane Centenary
Greater Springfield



Join In, Save A Life.

Have Fun & Support Mental Health Research

Australian Rotary Health is the biggest private funder of Mental Health Research in Australia.

Come and enjoy a Sunday Morning Walk in our beautiful city, support **Mental Health Research**, help yourself to an expertly cooked Rotary Sausage, have that conversation with our services providers and walkers, the one that starts

Register: <https://www.liftthelidwalk.com.au/brisbane>

When: Sunday 29th October, 8.00am start.

Where: Start and finish within Rocks Riverside Park. BBQ, Coffee, and ice cream vendors on site.

What do I get for my on line \$30 rego? You save a Life, early bird registration before October 13th will include a t-shirt, you can still register on site from 6.30am on the day.

Kids 15 and under walk for free, T-Shirts available on Rego Site. Dogs on a lead are welcome.



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